



*Faith in God
includes faith
in His timing*
Neva A. Maxwell

October 13, 2024 Sunday School Lesson: A Plea For Deliverance Scripture: Psalm 22:1-11

The Weekly Compass

A Cry for Help In Distress

5 When Jesus had entered Capernaum, a centurion came to him, asking for help. 6 “Lord,” he said, “my servant lies at home paralyzed, suffering terribly.” 7 Jesus said to him, “Shall I come and heal him?” 8 The centurion replied, “Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed. 9 For I myself am a man under authority, with soldiers under me. I tell this one, ‘Go,’ and he goes; and that one, ‘Come,’ and he comes. I say to my servant, ‘Do this,’ and he does it.” 10 When Jesus heard this, he was amazed and said to those following him, “Truly I tell you, I have not found anyone in Israel with such great faith. 11 I say to you that many will come from the east and the west, and will take their places at the feast with Abraham, Isaac and Jacob in the kingdom of heaven. 12 But the subjects of the kingdom will be thrown outside, into the darkness, where there will be weeping and gnashing of teeth.” 13 Then Jesus said to the centurion, “Go! Let it be done just as you believed it would.” And his servant was healed at that moment. 14 When Jesus came into Peter’s house, he saw Peter’s mother-in-law lying in bed with a fever. 15 He touched her hand and the fever left her, and she got up and began to wait on him. 16 When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. 17 This was to fulfill what was spoken through the prophet Isaiah: “He took up our infirmities and bore our diseases.”

Prayer:

Dear Father, when we are fearful of asking for help Lord, remind us that You are always available for us. Teach us how to make our request known to You and to accept Your will. Lord we are counting on Your word because it has been here since the beginning and that’s enough. In Jesus’ name, we pray Amen!

Unifying Topic: We’re In A Tight Spot

Main Thought: My God, my God, why hast thou forsaken me? Why at thou so far from helping me, and from the words of my roaring?

Psalm 22:1 (KJV)

God Is Always Available

It is okay to ask for help. Asking for help is a sign of strength and it can be a powerful move. 2 Timothy 1:7, says, “for God gave us a spirit not of fear but of power and love and self-control (ESV).” Don’t be afraid to ask God for help at any time. Courage is having a sound mind to admit when something is not known and the ability to ask for help. Seeking the Lord in times of need and asking Him in prayer for guidance is a “power move.” Once the request is made, His love will intervene, and He grants what is best (His will be done).

In Matthew 8:5-17, a Centurion came to the Lord asking for help. Not out of a spirit of fear but from the power of belief that Jesus would heal because he asked. Jesus respected and appreciated the Centurion’s request and fulfilled it. God is always available, and know there is never a request too hard for Him. Ask God from a position of belief and not fear. Faith plays a **BIG** part in what God will do.

Questions:

1. What are you afraid to ask God for?
2. How can Christians demonstrate that God is always available?