

THE WEEKLY COMPASS

Devotion

Come, All Who Are Weary

²⁵ At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. ²⁶ Yes, Father, for this is what you were pleased to do. ²⁷ All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

²⁸ Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.

Matthew 11:25-30 NIV

Main Topic

We Don't Have to Carry It

When I was younger, road trips were fun and exciting. It was one of life's events that our family looked forward to. We would pack our travel totes with more items than we needed, which would result in them being too heavy for one person to carry alone. We would have to ask for help.

In Matthew 11:25-30, Jesus is extending an invitation for us to come to Him when life's events become too much for us to carry alone. "Come unto me, all ye that labour and are heavy laden, and I will give you rest," says Matthew 11:28. Jesus wants to carry our heavy loads.

He wants us to surrender all to Him. He wants EVERYTHING that is weighing us down and/or too heavy for us to carry. Give it to

When we go to Him in prayer with our heavy loads and sincere hearts, we will experience peace with God and the peace of God. 1 Peter 5:7, "Casting all your cares upon him; for he cares for you," tells us to give it all to Him. Trust in Jesus and know that we don't have to carry it all alone.

Ouestions:

- 1. What is that burden, heavy load or problem that you can take to God?
- 2. Now take that burden, heavy load, or problem to God in prayer. How does being in His presence make you feel?

Sunday School Lesson For

February 2, 2025

Sunday School Title

Too Much Debt

Sunday School Scripture

Matthew 6:5-15

Main Thought:

Thy kingdom come, thy will be done in earth, as it is in heaven. Matthew 6:10 (KJV)

Closing Prayer:

Father God, we are grateful and thankful for the opportunity to come to You in prayer with our burdens, heavy loads, and problems. No matter what the situations or circumstances look like, feel like, or sound like in our lives, we will trust in You. We know that in every experience, You are with us; we are not alone and we don't have to carry our burdens alone. Helps us to come to You in prayer with all that concerns us because what concerns us concerns you. In Jesus' name we pray, Amen.

